

Please check your pre-paid lunch account balance to ensure there are sufficient funds to cover your student's meals

THE SCHOOL KITCHEN

Menu

Always fresh...



JANUARY 2024

Fruit offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Mac & Cheese Veggie Bar	7 Teriyaki Chicken Salad Bar	8 Quesadillas Salsa Bar	9 Homemade Pizza Kale Caesar Salad	10 Hamburgers Salad Bar
13 Alfredo Pasta Veggie Bar	14 Chicken Shawarma w/ Pita Salad Bar	15 Super Nachos Salad & Salsa Bar	16 Sloppy Joes (CES/MCM) Coconut Lentil Soup (VHS) Mixed Salad	17 Build Your Own Chicken Wrap Salad Bar
20 Dr. Martin Luther King, Jr. Day No School!	21 Lemon Garlic Pasta Salad Bar	22 Soft Tacos Salsa & Salad Bar	23 Homemade Pizza Kale Caesar Salad	24 Chicken & Waffles Salad Bar
27 End of Semester Break No School!	28 Chicken Fajitas Salsa & Salad Bar	29 Homemade Lasagna Kale Caesar Salad	30 BBQ Pulled Pork Sliders (MCM/VHS) Hotdogs (CES) Coleslaw	31 Butter Chicken Hummus/Tzatziki Salad Bar



Our daily breakfast includes a selection of hot food, cereal, baked goods, fresh fruit, & milk. Students can purchase breakfast before school Monday – Thursday.



Vashon Island School District is committed to providing healthy, homemade meals each day. We are proud to offer a delicious **entrée, fresh fruit & salad** each day. Students can purchase lunch Monday – Friday.

A vegetarian option of each entree is offered daily. The vegetarian meat/protein alternative(s) consists of: beans (garbanzo, black, kidney, pinto), lentils, tofu, dairy/cheese.

Scan the QR Code to give us feedback on this month's menu!



Breakfast: Grades K – 5th = FREE | Grades 6th – 12th = \$3.00 | Non-Student Adult = \$3.50 | Milk = \$0.50

Lunch: Grades K – 5th = FREE | Grades 6th – 12th = \$4.50 | Non-Student Adult = \$6.50 | Milk = \$0.50

This institution is an equal opportunity provider and employer