

Counselor Recommendation Packet

Please complete the following information on a separate document and either print and pass along or share via Google with your counselor. Teachers writing you a letter also often find this packet helpful. **The more detailed information you provide, the better!** **We know many of you well, but there are always things we don't know, so be thorough!**

Thanks!

Basic/Demographic Info:

1. Full Name
2. Cell phone number
3. Email address (if you prefer we use something other than your school email)
4. Are you a first generation college student? Y/N?
5. In order of preference, a list of where you plan to apply

Academic Information:

1. What courses have you enjoyed the most? Which were the most challenging?
2. Are there any unusual circumstances that have interfered with your academic performance and/or your ability to get involved at school? (eg. illness, recent tragedy, family situation etc)? Only write about things you are comfortable with us knowing and/or sharing with a school.

Autobiographical Information:

1. List 2-3 faculty or staff members who know you well
2. Describe your family and your role within your family. Is there anything unusual about your family - cultural background, interests, activities, travels, size, crises etc - that have impacted your goals, interests or outlook?
3. Describe a *non-academic accomplishment* that you are proud of. Please provide details on your involvement, what you learned and the personal reward. This could be a hobby, sport, volunteer work, job experience, a single isolated activity or....

4. Who has helped you the most in your life and why this person above all others?
OR, talk about someone you admire or look up to or who has been a profound influence in your life.
5. List three unique things about you that sets you apart from other talented candidates
6. Describe yourself to a stranger

****Please attach a resume that includes your community service, athletic participation, clubs, jobs, honors/awards etc**

Optional but helpful:

1. Parent Brag Letter:

This is the moment your parent has always waited for! Their chance to “brag” about you; to tell us all the things they love about you and the terrific person you are. It is very helpful to hear your parent’s perspective and they love this!

2. Peer Brag Letter:

A peer evaluation can provide lots of insight when we write letters. Colleges often ask counselors to evaluate how well a student gets along with peers. Have a friend write down some thoughts about you, giving specific examples of why they consider you a good friend.